










Weekly menu


1.3.2021 - 5.3.2021


Date	1.3.2021	2.3.2021	3.3.2021	4.3.2021	5.3.2021
Gut & Gerne (included 3 side dishes)	Chicken breast Cornflake crust 3,47 €	Rissoles Pepper onion sauce 3,47 €	Pork neck steak Tarragon sauce 3,47 €	Potato Herb quark 3,47 €	Pea stew Bockwurst 3,47 €
Tagesspezial 1	Vegetable couscous Oregano 3,95 € 	Frittata Spinach Goat's cheese Tomato sauce 4,35 €  	Baked potato Couscous Soy yoghurt 3,50 €  	MY SALAD Turkey steak 5,50 € 	Burger King oyster mushroom Raw vegetables BBQ 3,50 € 
Tagesspezial 2	Pollack Rocket salad Celery puree Pesto rosso 4,95 € 	Beef roulade Red cabbage Dumpling 5,50 €	Bao Bun Pulled Pork Hoi Sin 4,25 €	Lasagne Beef Tomato sauce 3,95 €	Poké Salmon Edamame Mango chutney 5,95 €

Side dishes each 0,75 € / 0,95 € / 1,25 € • **Salad buffet** 0,99 € per 100g • **Dessert buffet** 0,99 € per 100g •

You will find all the information about the food additives, allergens and nutritional values on the notice board or our homepage www.ergo-gourmet.de
External guests will pay a surcharge of 100 % to the advertising rate.
Our offer is subject to alterations.

 = Vegetarian

 = Low Carb

 = Vegan

 = Climate meal

ERGO Gourmet
Wir bereiten Genussmomente.

ERGO