



















Weekly menu


28.9.2020 - 2.10.2020


Date	28.9.2020	29.9.2020	30.9.2020	1.10.2020	2.10.2020
Tagessuppe	Tagesangebot	Tagesangebot	Tagesangebot	Tagesangebot	Tagesangebot
Gut & Gerne (included 3 side dishes)	Rissoles Leek 3,40 €	Poultry breast Steamed Curry bechamel 3,40 €	Pea stew Bockwurst 3,40 €	Meat loaf Onion sauce 3,40 €	Egg Mustard sauce 3,40 € 
Quer Beet	Hackfleischbällchen Scharfe Tomatensauce Kapern 3,50 €	Pork loin Smoked sea salt Creamy savoy gabbage 3,95 € 	Potato noodles White cabbage Herb quark 2,75 €  	MY SALAD Small Potato Avocado 4,95 € 	Chicken breast Herb Tomato salad Pesto Risotto 4,95 €
Mediterran	Penne Green spelt Rocket salad 2,95 €  	Ratatouille Basmati rice 3,75 € 	Lemon chicken Small potato 3,95 €	Mixed Pumkin 3,95 € 	Cellentani Arrabbiata 2,50 € 
Imbiss	Half chicken Jus 3,75 € 	Köstritzer beer goulash Mashed potato 3,75 €	XXL Schnitzel "Jäger" sauce French fries 4,95 €	Alpine burger Beef Bacon Brie 5,75 €	Pork knuckle Sauerkraut 3,95 € 
Wok 2.0	Tofu Marinated Vegetable 2,95 € 	Buddha Bowl Mie noodle Hummus Zucchini 5,50 € 	Chickpea balls Basmati rice 2,95 € 	Bami goreng Pork 3,95 €	Bao Bun Pulled Pork Hoi Sin 3,95 €
Essthetik	Beef Brisket Chimichurry Beans Polenta bread 5,75 €	Pulled salmon Buckwheat pancake 5,95 €	Sirloin steak Dijon mustard onion crust Caponata vegetable 6,95 € 	Duck breast Red wine jus Flageolet bean Cellery purree 4,95 € 	Pollack Wholemeal Lemon couscous salad 5,75 €


Side dishes each 0,75 € / 0,95 € / 1,25 € • Salad buffet 0,99 € per 100g • Dessert buffet 0,99 € per 100g •

You will find all the information about the food additives, allergens and nutritional values on the notice board or our homepage www.ergo-gourmet.de
External guests will pay a surcharge of 100 % to the advertising rate.
Our offer is subject to alterations.

 = Vegetarian

 = Vegan

 = Low Carb

 = Climate meal

ERGO Gourmet
Wir bereiten Genussmomente.

ERGO