










Weekly menu

11.7.2022 - 15.7.2022


Date	11.7.2022	12.7.2022	13.7.2022	14.7.2022	15.7.2022
Gut & Gerne (included 3 side dishes)	Chicken fricassee 3,57 €	Spaghetti Italian minced beef sauce 3,57 €	Turkey liver ragout 3,57 €	Pork steak Sherry sauce 3,57 €	Chicken Schnitzel Jus 3,57 €
Quer Beet		Lentil soup Indian Pita bread 2,50 € 	Spinach Apricot Cashew Potato 3,95 € 	Penne rigatte Lentil Mango 2,75 € 	Semolina pudding Cinnamon Sugar 2,45 € 
Mediterran	Pizza Salami 4,50 €		Tarte flambée Leek Bacon 3,50 €	Grilled eggplant One-for-all-rub Vegan Chilyogurt Naan bread 4,95 € 	Linguine Djon sauce strips of turkey 3,50 €
Imbiss	Cevapcici Beef Pepper sauce Spicy 2,75 €	Bockwurst Potato salad 3,25 €	Burrito Beef Sour cream 2,75 €	Big kahuna burger 4,95 €	Gyros Pork Coleslaw French fries 4,25 €
Wok 2.0	Chinese cabbage Mangetout Coconut sauce Buckwheat 3,95 € 	Green bowl Courgette Pea Broccoli Fettuccine 6,50 € 		Chicken breast Tandoori Jasmine rice Vegetable 4,50 €	Wok vegetable Coconut sauce Jasmine rice 4,50 € 
Essthetik				MY SALAD Buffalo mozzarella Cherry tomato Basil 5,95 € 	Cod Herb crust Vegetable ratatouille Pappardelle 5,95 €

Side dishes each 0,75 € / 0,95 € / 1,25 € • Salad buffet 0,89 € per 100g • Dessert buffet 0,99 € per 100g •

You will find all the information about the food additives, allergens and nutritional values on the notice board or our homepage www.ergo-gourmet.de
External guests will pay a surcharge of 100 % to the advertising rate.
Our offer is subject to alterations.

 = Vegetarian

 = Vegan

 = Low Carb

ERGO Gourmet
Wir bereiten Genussmomente.

ERGO