








# Weekly menu

4.7.2022 - 8.7.2022


Date	4.7.2022	5.7.2022	6.7.2022	7.7.2022	8.7.2022
<b>Gut &amp; Gerne (included 3 side dishes)</b>	Meat loaf   Onion sauce 3,57 €	Chicken Schnitzel   Jus 3,57 €	Cheese ravioli   Parsleysauce   Cottage cheese 3,57 € 	Chicken fricassee 3,57 €	Pork meat Maultaschen   Scrambled eggs 3,57 €
<b>Tagesspezial 1</b>	Goulash   Stroganoff   Shell pasta 4,95 €	Dragon Bowl   Minced beef   Quinoa 5,25 €	Currywurst   French fries 3,05 €	Coalfish   Cucumber   Potato   Lentils 4,50 €	Turkey breast   Sherry sauce   Almond broccoli   Spätzle 4,25 €
<b>Tagesspezial 2</b>	Yaki Udon   Chili coconut sauce   Pak choi   Pepper 4,50 €  	Sheep's cheese   Couscous salad 5,25 € 	Topside of veal   Apple vinaigrette   Cauliflower   Vanilla carrot 4,95 € 	Pride Bowl 4,95 € 	Pappardelle   Pepper cream cheese sauce 3,50 € 

**Side dishes** each 0,75 € / 0,95 € / 1,25 € • **Salad buffet** 0,99 € per 100g • **Dessert buffet** 0,99 € per 100g •

You will find all the information about the food additives, allergens and nutritional values on the notice board or our homepage [www.ergo-gourmet.de](http://www.ergo-gourmet.de)  
External guests will pay a surcharge of 100 % to the advertising rate.  
Our offer is subject to alterations.

 = Vegetarian

 = Vegan

 = Low Carb

**ERGO Gourmet**  
Wir bereiten Genussmomente.

**ERGO**