









# Weekly menu


30.1.2023 - 3.2.2023

Date	30.1.2023	31.1.2023	1.2.2023	2.2.2023	3.2.2023
<b>Gut &amp; Gerne (included 3 side dishes)</b>	Pork steak   Tarragon sauce 3,80 €	Stew   Harira   Chickpea   Lentil 3,80 € 	Cordon bleu   Chicken   Cream sauce 3,80 €	Sausage   Beef   Caraway jus 3,80 €	Meatball   Pork   Caper sauce 3,80 €
<b>Tagesspezial 1</b>	Spelt Noodle   Carrot   Shitake   Curry sauce 3,75 € 	Köstritzer beer goulash   Mashed potato 3,75 €	Pad Kra Pao   Pork   Coconut milk   Rice 4,25 €	Duck breast   Steamed kale   Creamy polenta 6,50 €	Coalfish   Crispbread crust   White wine sauce   Brussels sprouts 5,25 €
<b>Tagesspezial 2</b>	Burger   Chia   Swede   Tomato jam 3,95 € 	Tofu   Fried   Sweet potato puree   Plantains 3,95 € 	Potato noodles   Sanoy cabbage   Herb quark 3,50 €  	Vegetable curry   Brown rice 3,95 € 	Lentil lasagne 3,95 € 

**Side dishes** each 0,90 € / 1,15 € / 1,50 € • **Salad buffet** 1,15 € per 100g • **Dessert buffet** 1,15 € per 100g •

You will find all the information about the food additives, allergens and nutritional values on the notice board or our homepage [www.ergo-gourmet.de](http://www.ergo-gourmet.de)  
External guests will pay a surcharge of 100 % to the advertising rate.  
Our offer is subject to alterations.

 = Vegetarian

 = Vegan

 = Climate meal

**ERGO Gourmet**  
Wir bereiten Genussmomente.

**ERGO**