















# Weekly menu


13.3.2023 - 17.3.2023

Date	13.3.2023	14.3.2023	15.3.2023	16.3.2023	17.3.2023
<b>Quer Beet</b>	Baked potato   Couscous   Soy yoghurt 	Strips of chicken breast   Cream sauce	Gerstoni patty   Parsley sauce   Carrots 	Pulled Pork   French fries mix   Coleslaw	Penne   Lentil Bolognese  
<b>Wok 2.0</b>	Green curry   Turkey   Pineapple-coconut sauce	Rigatoni   Almond sauce   Leaf spinach 	Pork   Sweet & sour	Beef   Massaman   Jasmine rice	Bulgur   Chicken breast   Bean sprouts   Radish
<b>Daily Special</b>	Cordon bleu   Pork   Thymjus   Baconbeans   Potato 	Vegetable kebab   Falafel   Sheep's cheese   Turkish rice	Coalfish   Beetroot crust   Pointed cabbage	Coq au Ratsherrn   Mashed potato bacon	Pork neck steak   Herb butter   Onion   Cole slaw   Fried potato
<b>Imbiss</b>	Beetroot-Quinoa maultasche   Mushroom bouillon   Molten onion 	Pork knuckle   Malt beer sauce 	Turkey schnitzel   Nut crust   Mango chutney   Orange rice	Pasta bake   Mushroom sauce 	Kaiserschmarrn   Curd cheese   Plum compote 
<b>Tagesspezial 1</b>		Beef cheeks   Red cabbage   Celery-potato mash	Mashed potatoes   Curry cauliflower   Harissa   Hazelnut 	MY SALAD   Quinoa pancake 	

You will find all the information about the food additives, allergens and nutritional values on the notice board or our homepage [www.ergo-gourmet.de](http://www.ergo-gourmet.de)  
 External guests will pay a surcharge of 100 % to the advertising rate.  
 Our offer is subject to alterations.

 = Vegetarian

 = Vegan

 = Low Carb

 = Climate meal

**ERGO Gourmet**  
 Wir bereiten Genussmomente.

**ERGO**