











Weekly menu

20.3.2023 - 24.3.2023

Date	20.3.2023	21.3.2023	22.3.2023	23.3.2023	24.3.2023
Quer Beet	Turkey breast Cream sauce Brussels sprouts Pommes duchess	Fish and chips	Minced beef steak Pepper sauce	Egg Mustard sauce	Coalfish Quinoa breading Lemon couscous salad
Wok 2.0	Sweetpotato-Gnocchi Oyster mushroom Chinese Cabbage Coconut 	Buddha Bowl Bulgur Lentil Radish Walnut 	Teriyaki-Tofu Vegetables Rice 	Strips of beef Asian Vegetable 	Nasi goreng Pork
Daily Special	Spaetzle with cheese Onion 	Poultry breast Gado-Gado Peanut sauce	Lentil stew Cured pork chop	Chicken breast piccata Tomato sauce Spaghetti	Mushroom Herb dip Baguette 
Imbiss	Königsberger meatball Risi Bisi	Pork Schnitzel Munich style Fried potatoes	Chicken leg Jus Coleslaw French fries	Pinsa Antipasti 	Red lentil soup Dried tomato 
Tagesspezial 1		Linguine Oyster mushroom Rocket salad 	Camembert Lingonberries Wild herb salad 	Pork steak Dijon mustard onion crust Fried potato	

 = Vegetarian

 = Vegan

You will find all the information about the food additives, allergens and nutritional values on the notice board or our homepage www.ergo-gourmet.de
 External guests will pay a surcharge of 100 % to the advertising rate.
 Our offer is subject to alterations.

ERGO Gourmet
 Wir bereiten Genussmomente.

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