


Weekly menu


30.1.2023 - 3.2.2023


Date	30.1.2023	31.1.2023	1.2.2023	2.2.2023	3.2.2023
Gut & Gerne (included 3 side dishes)	Cellentani Italian minced beef sauce 3,80 €	Cordon bleu Chicken Cream sauce 3,80 €	Potato-carrot-stew Smoked tofu 3,80 €	Roast pork Caraway sauce 3,80 €	Potato noodle Hazelnut Lentil sauce Carrot 3,80 €
Quer Beet	Romaine lettuce Fried Lentil dressing Potato wedges 3,95 €	My salad Burrito Soy mince 3,95 €	Atlantik halibut Parsley coated Remoulade Potato salad 4,50 €	Pea stew Bockwurst 2,75 €	Poultry breast Coconut sauce Vegetable 5,75 €
Mediterran	Baked potato Couscous Soy yoghurt 3,75 €	Spaghetti Aglio e olio 2,50 €	Pizza Diavolo 4,95 €	Linguine Peanut sauce Broccoli 3,50 €	Lasagne Beef Tomato sauce 4,25 €
Imbiss	Half chicken Jus 3,95 €	Gyros Pork Coleslaw Djuvec rice 4,50 €	Bao bun Pulled turkey hoisin sauce 4,95 €	Camembert Lingonberries Wild herb salad 4,25 €	Currywurst Bread roll 2,75 €
Wok 2.0	Glas noodle soup Chinese 2,50 €	Red bowl Kidney bean Red cabbage 4,25 €	Chickpea balls 2,75 €	Chicken Curry Jeera Basmati rice 4,95 €	Laksa lemak Malaysian noodle soup Vegan 3,50 €
Essthetik	Pork fillet Thyme jus Creamy savoy cabbage 4,95 €	Sirloin steak Herb crust Potato gratin 5,95 €	Topside of veal Apple vinaigrette Brussel sprouts Pumpkin ragout 5,95 €	Leg of lamb Parsnip puree Maroon carrot 6,50 €	Scaloppine Pork Marsala sauce Leaf spinach Gnocchi 4,25 €

Side dishes each 0,90€ / 1,10 € / 1,45 € • Salad buffet 1,10 € per 100g • Dessert buffet 1,15 € per 100g •

You will find all the information about the food additives, allergens and nutritional values on the notice board or our homepage www.ergo-gourmet.de
External guests will pay a surcharge of 100 % to the advertising rate.
Our offer is subject to alterations.

 = Vegetarian

 = Vegan

 = Low Carb

ERGO Gourmet
Wir bereiten Genussmomente.

ERGO