













Weekly menu

19.9.2022 - 23.9.2022


Date	19.9.2022	20.9.2022	21.9.2022	22.9.2022	23.9.2022
Gut & Gerne (included 3 side dishes)	Chicken fricassee 3,57 €	Minced beef steak Pepper sauce 3,57 €	Cured pork chop Mustard sauce 3,57 €	Chicken Schnitzel Jus 3,57 €	Cannelloni Stuffed Ricotta Spinach 3,57 € 
Quer Beet	Köttbullar Pork Beef Jus Lingonberry Mashed potato 3,50 €	Gratin Brussel sprout Potato 2,75 € 	Lentil soup Indian Pita bread 2,75 € 	Semolina pudding Red berry sauce 2,25 € 	Poutine Classic Jus 3,30 € 
Mediterran	Pene tricolore Vegetable sauce Cherry tomato 3,50 €  	Sweet potato salad Aubergine 5,75 € 	Linguine Oyster mushroom Rocket salad 3,95 € 	Pizza Salami 4,50 €	Fusilli Beef White wine sauce 3,95 €
Imbiss	Fish filet Gratinated Broccoli Fried potato 4,50 €	Pork loin Smoked Creamy savoy gabbage Potato 4,25 €	Pork Schnitzel Sauce béarnaise Croquette 3,95 €	Currywurst French fries 3,05 €	Kebab Chicken Turkish rice 5,75 €
Wok 2.0	Cauliflower curry Brown rice 2,75 € 	Bibimbap Beef Mushroom Carrot 4,95 €	Bami goreng Turkey 4,75 €	Tofu Marinated Vegetable 3,50 € 	Duck breast Peanut sauce 5,50 €
Essthetik	Topside of veal Teriyaki sauce Vegetable Sesame potato noodle 5,75 €	Poulard Plum sauce Potato pumpkin risotto 4,50 €	Sirloin steak Herb butter Root vegetable 6,25 € 	Coalfish Beetroot Rocket Salad Grana Padano 4,50 €	Pork filet Autumn vegetables Thyme potato Cream sauce 5,50 €

Side dishes each 0,90 € / 1,10 € / 1,45 € • Salad buffet 1,10 € per 100g • Dessert buffet 1,15 € per 100g •

You will find all the information about the food additives, allergens and nutritional values on the notice board or our homepage ww.ergo-gourmet.de. External guests will pay a surcharge of 100 % to the advertising rate. Our offer is subject to alterations.

 = Vegetarian

 = Vegan

 = Low Carb

ERGO Gourmet
Wir bereiten Genussmomente.

ERGO