












Weekly menu


26.9.2022 - 30.9.2022


Date	26.9.2022	27.9.2022	28.9.2022	29.9.2022	30.9.2022
Gut & Gerne (included 3 side dishes)	Egg Mustard sauce 3,57 € 	Cordon bleu Chicken Cream sauce 3,57 €	Pork meat Maultaschen Scrambled eggs 3,57 €	Rissoles Onion sauce 3,57 €	Sausage goulash 3,57 €
Quer Beet	Roast pork Malt beer sauce Bavarian cabbage Mashed potato 4,95 €	Pea stew Bockwurst 2,75 €	Country potato Herb dip 2,75 € 	Bread dumpling Fried Forest mushroom sauce 3,95 €	Rice pudding Plum compote 2,75 € 
Mediterran	Spaghetti Avocado pesto 3,95 € 	Gnocchi Sage butter 3,60 €	Pizza Lentil Broccoli Artichoke 4,75 € 	MY SALAD Caesar Turkey 5,25 € 	Baked potato Couscous Soy yoghurt 3,50 €  
Imbiss	Currywurst Bread roll 2,75 €	Chick pea burger House ketchup Sweet potato fries 4,25 € 	Pork chop Jus Cauliflower Parsley potato 3,50 €	Gyros Pork Coleslaw Djuvec rice 4,50 €	Fish fingers 3,95 €
Wok 2.0	Chop suey Beef Rice 4,75 €	Shio Soba Pork Pak choi Corn 4,95 €	Butter chicken Jasmin rice 5,25 €	Kimchi stew 2,75 € 	Bibimbap Beef Edamame Scambled egg Rice 4,95 €
Essthetik	Duck breast Plum sauce Salsify gratin 6,25 €	Roast beef Carrot Spaetzle 5,25 €	Cod Crispy coated Tomato fennel ragout 6,50 €	Leg of Lamb Potato Spinach 6,25 €	Chicken breast Potato pumpkin risotto 4,50 €

Side dishes each 0,90 € / 1,10 € / 1,45 € • Salad buffet 1,10 € per 100g • Dessert buffet 1,15 € per 100g •

You will find all the information about the food additives, allergens and nutritional values on the notice board or our homepage ww.ergo-gourmet.de. External guests will pay a surcharge of 100 % to the advertising rate. Our offer is subject to alterations.

 = Vegetarian

 = Vegan

 = Low Carb

 = Climate meal

ERGO Gourmet
Wir bereiten Genussmomente.

ERGO