













# Weekly menu

20.3.2023 - 24.3.2023


Date	20.3.2023	21.3.2023	22.3.2023	23.3.2023	24.3.2023
<b>Gut &amp; Gerne (included 3 side dishes)</b>	Chickpea patty   Yoghurt 3,80 €  	Creamy spinach   Scrambled egg 3,80 € 	Pork Schnitzel   Viennese style   Jus 3,80 €	Chicken leg   Jus 3,80 €	Stew   Harira   Chickpea   Lentil 3,80 € 
<b>Tagesspezial 1</b>	Ravioli   Mozzarella   Tomato-bacon-sauce 3,25 €	Atlantik halibut   Parsley coated   Salad   Potato pancake 4,75 €	Lasagne   Beef   Tomato sauce 4,25 €	Sweet potato gnocchi   Almond sauce   Vegetable 3,95 € 	Yeast dumpling   Vanilla sauce 2,95 € 
<b>Tagesspezial 2</b>	Beef cheeks   Red cabbage   Celery-potato mash 4,95 €	Tarte flambée   Chicken breast   Wild garlic 4,75 €	Bibimbap   Minced soy   Scrambled eggs   Mushroom   Salad 4,50 € 	Wild garlic hummus   Sesame carrot   Parmesan bread   Radish 4,25 € 	Fish filet   Brussels sprout   Fried potato 4,50 €
<b>Tagesspezial 3</b>	Carrot puree   Oriental   Pita bread 2,95 € 	Buddha Bowl   Rice   Vegetables   Orange dressing   Falafel 5,50 € 	Baked potato   Couscous   Soy yoghurt 3,75 € 	Big kahuna burger 5,75 €	Currywurst   French fries 3,05 €

Side dishes each 0,85 € / 1,05 € / 1,40 € • Salad buffet 1,09 € per 100g • Dessert buffet 1,15 € per 100g •

You will find all the information about the food additives, allergens and nutritional values on the notice board or our homepage [www.ergo-gourmet.de](http://www.ergo-gourmet.de)  
External guests will pay a surcharge of 100 % to the advertising rate.  
Our offer is subject to alterations.

 = Vegetarian

 = Vegan

 = Climate meal

**ERGO Gourmet**  
Wir bereiten Genussmomente.

**ERGO**