












# Weekly menu

19.9.2022 - 23.9.2022

Date	19.9.2022	20.9.2022	21.9.2022	22.9.2022	23.9.2022
<b>Gut &amp; Gerne (included 3 side dishes)</b>	Chili I Vegan   Herb rice 3,57 € 	Chicken Schnitzel   Smoky Barbecuesauce 3,57 €	Spaghetti   Bolognese   Vegetarain 3,57 €	Rissoles   Pepper onion sauce 3,57 €	Cannelloni   Stuffed   Ricotta   Spinach 3,57 € 
<b>Tagesspezial 1</b>	Köttbullar   Lingonberry   Peas   Mashies Potato 3,95 €	Bibimbap   Beef   Baby spinach   Sprouts 4,95 €	Sirloin steak   Pepper jus   Green beans   Croquette 6,25 €	Burger   Beef   Oriental 4,95 €	Sweet potato gnocchi   Chard   Beetroot   Creme fraiche 3,75 € 
<b>Tagesspezial 2</b>	Atlantik halibut   Parsley coated   Salad   Potato pancake 4,75 €	Camembert   Lingonberries   Wild herb salad 4,25 € 	Poultry kebab   French fries 6,25 €	Döner kebab bowl   Halloumi   Pita bread 5,25 € 	Yeast dumpling   Vanilla sauce 2,95 € 
<b>Tagesspezial 3</b>	Spinach dumplings   Beetroot herb   Nut butter   Wild herbs salad 3,95 € 	Linguine   Peanut sauce   Broccoli 3,50 € 	Indian biryani rice   Cauliflower   Almond   Yogurt 3,75 €	Mashed potatoes   Curry cauliflower   Harissa   Hazelnut 3,95 € 	Currywurst   French fries 3,05 €

Side dishes each 0,85 € / 1,05 € / 1,40 € • Salad buffet 1,09 € per 100g • Dessert buffet 1,15 € per 100g •

 = Vegetarian

 = Vegan

You will find all the information about the food additives, allergens and nutritional values on the notice board or our homepage [www.ergo-gourmet.de](http://www.ergo-gourmet.de)  
External guests will pay a surcharge of 100 % to the advertising rate.  
Our offer is subject to alterations.

**ERGO Gourmet**  
Wir bereiten Genussmomente.

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