












# Weekly menu

26.9.2022 - 30.9.2022


Date	26.9.2022	27.9.2022	28.9.2022	29.9.2022	30.9.2022
<b>Gut &amp; Gerne (included 3 side dishes)</b>	Stew   Harira   Chickpea   Lentil 3,57 € 	Chicken fricassee 3,57 €	Spaghetti   Italian minced beef sauce 3,57 €	Potato   Herb quark 3,57 € 	Couscous   Vegetable   Vegetarian 3,57 € 
<b>Tagesspezial 1</b>	Meatball   Pork   Caper sauce   Beetroot   Parsley potato 3,75 €	Sirloin steak   Coleslaw   Steakhouse fries 6,50 €	Pad Kra Pao   Minced soy   Coconut milk   Rice 4,25 € 	Marinated beef goulash   Red cabbage   Dumpling 4,95 €	Coalfish   Deep fried   Herb quark   Spinach   Potato 3,75 €
<b>Tagesspezial 2</b>	Red curry   Pak choi   Wild rice 3,50 € 	Roasted broccoli   Bean purree   Oven-potato chips   Blueberry 5,25 € 	Turkey steak   Pointed cabbage   Mango sauce 3,95 € 	Duck breast   Sesame sauce   Pak choi   Jasmine rice 5,25 €	Kaiserschmarrn   Apple sauce 3,50 € 
<b>Tagesspezial 3</b>	Cheeseburger 4,95 €	Linguine   Pumpkin   Sheep's cheese 3,50 € 	Broccoli quiche 3,95 € 	Mezzelune pomodoro basilico   Vegetable 3,75 € 	Currywurst   French fries 3,05 €

**Side dishes** each 0,85 € / 1,05 € / 1,40 € • **Salad buffet** 1,09 € per 100g • **Dessert buffet** 1,15 € per 100g •

You will find all the information about the food additives, allergens and nutritional values on the notice board or our homepage [www.ergo-gourmet.de](http://www.ergo-gourmet.de)  
External guests will pay a surcharge of 100 % to the advertising rate.  
Our offer is subject to alterations.

 = Vegetarian

 = Vegan

 = Low Carb

**ERGO Gourmet**  
Wir bereiten Genussmomente.

**ERGO**